**From the STROKE ASSOCIATION UK**

Stroke survivors and coronavirus (COVID-19)

Having a stroke means you are at greater risk of getting complications like pneumonia if you have coronavirus (COVID-19). Everyone is different, and if you have other health conditions, you also need to check how this affects you.

At the moment, we are all being asked to stay at home where possible. People in an extremely vulnerable group will need to follow the specific advice about their health condition.

Staying at home and away from others

**Stay at home: advice for everyone**
We all need to follow the [latest government guidance on staying home](https://www.gov.uk/government/publications/full-guidance-on-staying-at-home-and-away-from-others). This tells you how long to stay at home, and what activities you can do outside the home if necessary. This advice will change over the next few weeks and months.

**People at increased risk of complications from coronavirus (COVID-19)**
Some people are at greater risk from complications, including stroke survivors. Stroke survivors may also belong to some of the other higher-risk groups. These include people aged 70 or over, and people with health conditions like heart disease, diabetes, and respiratory disease. There are details of the types of condition that put you at higher risk in this [guide to social distancing](https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people/guidance-on-social-distancing-for-everyone-in-the-uk-and-protecting-older-people-and-vulnerable-adults).

It’s important for stroke survivors to follow the latest advice on staying home and away from other people.